

Boys' Swimming and Diving

Important Dates:

Girls Diving DVC Meet	OCT 28
Girls Swimming DVC Meet	OCT 29
Girls Sectionals	NOV 12
Boys Call-Out Meeting	Nov 15
Girls State Prelims	NOV 18
Girls State Finals	NOV 19
Boys Season Starts	NOV 21

Returning Seniors:

- Drew Baker (N)
- Paul DeLew (N)
- Peter Eggleston-Connor (N)
- AJ Grottke (S)
- Spencer Hart (S)
- Chris Mallon (S)
- Rob Micheli (S)
- Steve Schwab (S)
- Brian Scott (S)
- David Tonyan (N)
- Chris Wayne (S)

Boys' Season Start-up Around the Corner

The boys' high school swimming and diving season is just around the corner.

After a tremendous season last year which included an 8th place finish at state, and being awarded Sectional Team of the Year honors, the coaching staff is excited about the 2005-06 season.

We hope that many of you are doing everything you can to prepare for the upcoming season. Many of you are involved in Club Swimming, or are participating in a Fall Sport at school.

Weight lifting and general conditioning are other great ways to get ready

Girls' Championship Meet Info: Fans Wanted!

The girls' team is one of the best in the State and features many Nationally Ranked swimmers and divers. Come cheer the girls on at Conference, Sectionals, and State. The boys will be ordering T-Shirts for these occasions (see a senior for details and get fired up!).



Graduated Senior Rob Donisch (WWSHS) competes in the 100 butterfly at the IHSA State Meet. Donisch finished 11th last year. The boys team finished 8th at State last year.

for the season (see one of the seniors to the left for more info about this).

Before the season begins, please take care of the following items.

Sign Up for Swim Team

All swimmers and divers must register for the team in the athletic office and with their counselors. You must have early release for both semesters due

to our practice time. Of the 45 returning and new members of the team, about 27 of you have already done this.

Team Fees and Forms

Please pay your team fees and user fees in the athletic office by the end of the first week of practice. All athletes must have a physical on file by the first practice.

Callout Meeting

All swimmers and divers from both schools, along with at least one parent, must attend a mandatory meeting at WWSHS at 7:00 p.m. on Tuesday, Nov 15. We will be organizing carpools on this day, so it is extremely important to be there.

DVC Diving—Oct 28 (Fri)

5:00 pm at Nap North HS

DVC Swimming— Oct 29 (Sat)

10:00 am at Nap Cent HS

Diving Sectionals—Nov 12

9:00 a.m. at Neuqua Valley

Swimming Sectionals—Nov 12

1:00 p.m. at Neuqua Valley
(get there early!!!)

State Prelims and Finals—Nov 18-19 at Evanston HS. Advance Tickets necessary!!



Full meet details available at
www.wheatoncoop.com or
www.ihsa.org

WHEATON WARRENVILLE
SOUTH HS /
WHEATON NORTH HS

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Wheaton Warrenville High School Co-op Swimming and Diving



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the web!**

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**Courage.
Character.
Commitment.**

Boys Team Practice Information

- Callout Meeting: Nov 15 at WWSHS 7pm
- First Practice: Nov 21 at Wheaton College
- Weights begin: Nov 28 (6-7a.m.) WWS M,Th; WNHS W,F.
- Normal Practice Schedule: JV and Diving 2-4 p.m. M-F. (Vars 2-4:30). Saturdays TBA
- Thanksgiving practices: Thursday Off, Fri a.m. Off, Fri p.m. 2-4:30, Sat tba
- Christmas practices: TBA over break with 2 practices per day.
- See wheatoncoop.com for full details.

Wheaton Swimmers Compete in College

More and more Wheaton Swimmers and Divers are going on to pursue swimming and diving careers at the College Level. Last year's strong senior class features five athletes who continue to compete.

Keith Conrad (Calvin)
Perennial state qualifier and All-American, along with USA Speedo Sectional finalist. Now competing at Div III Calvin College in Grand Rapids, MI. Check out results and details at www.calvin.edu.

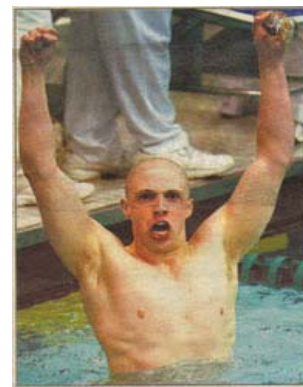
Rob Donisch (UWSP)
Rob was a learn to swim member of the team as a sophomore but became a state finalist as a senior.

Also was a Speedo Sectional finalist. Now competes at Div III powerhouse UW Stevens Pointe in Wisconsin. Follow online at www.uwsp.edu.

Will Schaffer (Princeton)
Last year's state champ in the 500 free, was also the fastest swimmer in Illinois in the 200 IM and 400 IM. Also Speedo Sectionals Champion and Junior National Qualifier. Now competing at Ivy League Powerhouse Princeton University. Check out www.princetonswimming.org for more details.

Matt Hernandez and Tristan Oleynik (UIC Chicago)
Both compete at Division I

UIC in Chicago, which can be found at www.uicflames.com. Tristan was a state qualifier in diving, while Matt was an All-State runner turned swimmer last year.



Will Schaffer celebrates after winning the 500 free at the State Meet last year.