

August 2006

Wheaton High School Girls Swimming and Diving

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Full Team Meeting & Group Placements 9-10 a.m. Wheaton College All swim/dive 5:30-7:30 p.m. College of DuPage	15 Var A Swim 7:30 – 9:30 RICE Var B Swim 9:30 – 11 RICE Dryland tba All swim/dive 5:30-7:30 p.m. College of DuPage	16 Var A Swim 7:30 – 9:30 RICE Var B Swim 9:30 – 11 RICE All swim/dive 5:30-7:30 p.m. College of DuPage <i>Coaches DVC s Meetings</i>	17 Var A Swim 7:30 – 9:30 RICE Var B Swim 9:30 – 11 RICE Dryland tba All swim/dive 5:30-7:30 p.m. College of DuPage <i>Coaches Rues Meetings</i>	18 Var A Swim 7:30 – 9:30 RICE Var B Swim 9:30 – 11 RICE <i>PICTURE DAY!!!</i> All swim/dive 4:30-6:30 p.m. Wheaton College <i>PM: Suit Try-ons!!</i>	19 All Swim or Dive 8:15 – 10:15 a.m. at Wheaton College
20	21 Var A Swim 7:30 – 9:30 RICE Var B Swim 9:30 – 11 RICE All swim/dive 4:30-6:30 p.m. Wheaton College	22 FIRST DAY OF SCHOOL (½ day) Swim/Dive 2-4:00p Varsity Swim 2-4:30p	23 Swim/Dive 2-4:00p Varsity Swim 2-4:30p <i>Mandatory Parents & Athletes Meeting @ WWS</i>	24 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	25 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	26 All Swim or Dive 8:15 – 10:15 a.m. at Wheaton College
27	28 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	29 Dual vs. Lockport/Plainfield 5:00 p.m. start	30 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	31 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p		

September 2006

Wheaton High School Girls Swimming and Diving

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	2 Lockport Relay Invite 10:00 a.m. start
3	4 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	5 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	6 Weights 6-7:00a WNHS Home Dual vs St Charles North 5:00 p.m. start	7 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	8 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p Neuqua Diving Invite 5:30 p.m. start	9 Neuqua Swimming Invite 10:00 a.m. start
10	11 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	12 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	13 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	14 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	15 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	16 All Swim / Dive tba
17	18 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	19 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	20 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	21 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	22 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	23 All Swim / Dive tba
24	25 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	26 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	27 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	28 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	29 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p Downer's South Diving Invite 5:00 p.m. starts	30 Downer's South Swimming Invite 10:00 a.m. start

October 2006

Wheaton High School Girls Swimming and Diving

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	3 Dual at. Naperville Central 5:00 p.m. start	4 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	5 Weights 6-7:00a WWS Dual at. Downers South 5:00 p.m. start	6 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	7 Naperville North ABC Meet 1:00 p.m. start
8	9 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	10 Dual at. Naperville North 5:00 p.m. start	11 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	12 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	13 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	14 Home Dual vs. Benet (Senior Night) 9:30 a.m. start
15	16 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	17 Dual vs. W. Aurora and W. Chicago At IMSA 5:00 p.m. start	18 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	19 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	20 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	21 All Swim / Dive tba
22	23 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	24 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	25 Weights 6-7:00a WNHS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	26 Weights 6-7:00a WWS Swim/Dive 2-4:00p Varsity Swim 2-4:30p	27 Swim/Dive 2-4:00p Varsity Swim 2-4:30p DVC Diving Championships at tba 5:00 p.m. start	28 DVC Swimming Championships at tba 10:00 a.m. start
29	30 Swim/Dive 2-4:00p Varsity Swim 2-4:30p	31 Swim/Dive 2-4:00p Varsity Swim 2-4:30p				

November 2006

Wheaton High School Girls Swimming and Diving

S	M	T	W	R	F	S
			1 Varsity Swim/Dive 2-4:00 p.m.	2 Varsity Swim/Dive 2-4:00 p.m.	3 Varsity Swim/Dive 2-4:00 p.m.	4 Varsity Swim/Dive Tba 1.5 hours
5	6 Varsity Swim/Dive 2-4:00 p.m.	7 Varsity Swim/Dive 2-4:00 p.m.	8 Varsity Swim/Dive 2-4:00 p.m.	9 Varsity Swim/Dive 2-4:00 p.m.	10 Varsity Swim/Dive 2-4:00 p.m.	11 IHSA Sectionals 9:00 a.m. diving 1:00 p.m. swimming
12	13 Varsity Swim/Dive 2-4:00 p.m.	14 Varsity Swim/Dive 2-4:00 p.m.	15 Varsity Swim/Dive 2-4:00 p.m.	16 Varsity Swim/Dive 2-4:00 p.m.	17 IHSA State Prelims Tba a.m. diving 4:00 p.m. swimming	18 IHSA State Finals 1:00 p.m. swim & dive
19	20 Club Swimming Starts Boys HS Season Starts	21	22	23	24	25
26	27	28	29	30		